

November 2011

## *“Letters in the Sand”*

Vandenberg Spouses’ Club Newsletter

### November Event



**Vandenberg Vintners’  
Festival**

*Sponsored by the Vandenberg Spouses Club*

*November 4<sup>th</sup>, 2011 6:30pm - 9:00 pm at the Pacific Coast Club*

*Wineries, Local Artists, Hors d’oeuvres, & Music*

*Tickets: \$30 presale or \$35 on the day of the event.*  
*Watch for ticket sales at the P.C.C, BX and Base Gym or email*  
[wineclub@vandenbergspousesclub.org](mailto:wineclub@vandenbergspousesclub.org)

*VSC website: [www.vandenbergspousesclub.org](http://www.vandenbergspousesclub.org)*

The VSC is a private organization is not part of the DoD or any of its components, & has no governmental status.

*The VSC kicked off November with a fabulous evening of wine, art, food and socializing at the PCC.*

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# VITNERS' FESTIVAL HIGHLIGHTS



# Thank You! Participating Wineries and Vendors 2011 Vitners' Festival

## Wineries

*Cambria Estate Winery*  
*McKeon-Phillips Winery*  
*Core Wine Company*  
*Arthur and Earl Winery*  
*Alexander and Wayne Winery*  
*William James Cellars*  
*Ampelos Cellars*  
*Sanford Winery*  
*La Vie Winery*  
*Summerland Winery*  
*Zotouich Winery*  
*Firestone Walker Brewery*

## Vendors

*Palms Pantry*  
*The Rag Rugger*  
*Shirley Coffey - miniatures*  
*G's Custom Cuts*  
*BJ's Handpainted Designs*  
*Linda Lee Ryan - pottery*  
*Jane Kametani - photography*  
*Gerry Davis - wood working*  
*Joan Jones - painter*  
*(Trish) Campbell - -painter*  
*Mabel Shatasky - knitted scarves*  
*Linda Sue Jay-Zivich - painter*  
*Russell Smith - wine barrel furniture and painting*  
*"Sugarless Treats*  
*Love Birds Jewelry*  
*La Bella Olives and Gourmet Foods*  
*Ada's Sweet Inspirations*

# October's Event

## Costume Bunco



Please join the Vandenberg Spouses Club for a night of Bunco and costumes!  
**October 27, 2011 @ 6:30pm Vandenberg Center**  
Please bring \$8 members or \$13 non-members to cover the cost of prizes and a light dinner.  
RSVP by October 25, 2011 @ [www.vandenbergspousesclub.org](http://www.vandenbergspousesclub.org)  
For questions contact Ashley @ [www.programs@vandenbergspousesclub.org](mailto:www.programs@vandenbergspousesclub.org)

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October's event was a Costume Bunco at the Vandenberg Center. There was a wonderful decorated crowd and plenty of goodies for all!



## President's Message

by Constance Z.

Happy Fall Everyone,

Can you believe that fall is here in California? Have you been enjoying the cooler weather as I have? With cooler temperatures and fall colors around us mean that the holiday season is not far behind.

This holiday season the VSC will have many opportunities to give back to the military community. I know this is a busy time of year for everyone, but if you could just help with one activity that would greatly be appreciated. We need your help with decorating, baking cookies and wrapping gifts this year.

This year the Pacific Coast Club asks the VSC if they can help decorate the club for the holidays. And we answered with "yes, of course". The VSC will be decorating the PCC on November 29 from 9-2. Be on the lookout for more information via the website and Facebook.

The 392<sup>nd</sup> Training Squadron approached the VSC with helping out with the Operation Kids Christmas (OKC) on December 3<sup>rd</sup>. OKC provides a Christmas for over 200 local underprivileged children who might not have a Christmas. They ensure a festive holiday season for those less fortunate in our community in the form of a party to include: a personal military escort, lunch, Santa's Elves, music, dancers and a visit from Santa Claus. Each child is given a gift bag with wrapped toys, gift certificates for shoes and clothing, and a backpack full of crayons, stickers and more. The 392<sup>nd</sup> TS is looking for volunteers to help design and decorate the PCC for the OKC event. If you are interested please contact Constance at [president@vandenbergs spousesclub.org](mailto:president@vandenbergs spousesclub.org).

For bakers, the cookie express is a great way to donate and help. The cookie express is coming to Vandenberg AFB on December 7, 2011. Definitely be on the lookout for that information train.

Do you enjoy wrapping gifts, then we need your talent. The VSC holds a gift wrapping fundraiser and monies raised go to our scholarship program. This year we have December 5 through December 10 and we will be located at the BX. If you can't help by wrapping gifts, take some time for yourself and get a coffee, while the VSC wraps your gifts. All we ask is for a donation.

Happy Holiday Season,

Sincerely,

Constance Zatorski

VSC President

## Calendar of Events

### November 2011

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Board Meeting 7:00 PM	2	3 Mah Jongg 9:00 AM	4 Vitner's Festival 6:30 PM	5	6
7 Book Club 6:30 PM	8 Bunko 6:30 PM	9	10 Mah Jongg 9:00 AM	11	12	13
14	15	16 Auction Meeting 6:30 PM	17 Mah Jongg 9:00 AM	18	19 Shopping club 9:00 AM	20
21	22	23	24 Happy Thanks-giving!	25	26	27
28	29 Decorate PCC 9:00 AM	30				

***VSC Mission Statement: The Vandenberg Spouses Club is an All inclusive Charitable and Social Organization; Dedicated to Promoting a Sense of Belonging to, Support for and a Collective Voice of the Vandenberg Air Force Base Community.***

# COMING ATTRACTIONS

Date	Event	Location	Time
Friday, 4 Nov	Vintner's Festival	PCC	6:30 PM
Wed, 7 Dec	Take a Break Luncheon	PCC	12:00 PM
Thursday, 26 Jan	Casino Date Night	PCC	6:30 PM
Thursday, 23 Feb	Health & Wellness	TBD	TBD
Friday, 24 March	Masquerade Gala Auction	PCC	TBD
Thursday, 26 April	Price is Right	TBD	TBD
Thursday, 24 May	Membership Appreciation	TBD	TBD

# Save the Date...

## Cookie Express

Wednesday, December 7



### The Holiday Cookie Express...

is pulling into town, so dig out your favorite recipes and butter your baking sheets - soon it will be time to bake cookies! As in years past, we will be baking cookies for every Vandenberg AFB dorm-dweller. This is a fun way to spread a little holiday cheer to our single and unaccompanied Airmen, but we can't reach our goal of 450 dozen cookies without YOUR help.

Please mark your calendar for the morning of Wednesday, December 7th to drop off your home-baked goodies to the Chapel. This is also a call for volunteers to help on that day, sorting, bagging and boxing cookies for delivery to the dorms. The Cookie Express has been a holiday tradition for more than 20 years across almost the entire Air Force. We hope everyone can participate in this, one of our largest community service projects. Stay tuned for more to follow!

POC: Liz Matthews Wendling

[lizm\\_1@yahoo.com](mailto:lizm_1@yahoo.com)

Home Tel # 805-734-6707

## VSC Gift Wrapping

December 5-10



Do you have a talent for gift wrapping? Then VSC needs you. The VSC holds a gift wrapping fundraiser every year. This year we will be wrapping presents on December 5 through the 10 from 9am to 6pm. If you would like to help please contact Cassie Ries at [fundraising@vandenbergspousesclub.org](mailto:fundraising@vandenbergspousesclub.org).



Wednesday, December 7

VSC December Event

"Take a Break Luncheon"

Lunch at the PCC after the Cookie Express event. More details to follow.

# Save the Date...

## Decorate the PCC for the Holidays.

This is a tradition that the VSC has done in the past and will be a fun way to get together and help support the club.

Meet us there  
**November 29<sup>th</sup> 9am - 2 pm**

## Operation Kids Christmas

VSC will decorate the ballroom at the PCC to support this great event.

**December 3<sup>rd</sup> at 7am.**

Come and help support  
Operation Kids Christmas!

## VSC Gift Wrapping

We will be wrapping gifts for donations. This is a fun thing to do and gets you in to the spirit!

At the BX on December 5-10<sup>th</sup> from 9am-6pm

Sign up for a time

email [fundraising@vandenbergpspousesclub.org](mailto:fundraising@vandenbergpspousesclub.org)

# BOARD MEMBER SPOTLIGHT



Hello VSC Membership, I'm Laurie Stevens, your Membership Chair. I am also the Chair for

the Mahjongg Club and Co-Chair of the popular Wine Club. My family and I have been here at Vandenberg for close to 5 years. I have been on the VSC Board in different positions for the last 4 years. I have made some amazing friends through the VSC and hope that you too are having the same fantastic experience here at Vandenberg that my family and I have.

*Laurie*

# VAFB Helping Community

**The Face of Neglect**- Written by: the Child Abuse Prevention Council of Santa Barbara County with Ms. Pauline Chui, 30 MDOS Family Advocacy Outreach Manager

As adults we all share the responsibility of ensuring that children in our communities grow up in the most loving and supported environments. While the majority of parents and caregivers are able to take care of their families with the resources that are available to them, there are those who struggle to provide their children with necessary care or emotional support and are unable or unwilling to reach out for help.

Neglect of a child most often occurs in families that are struggling with other issues that affect a parent's ability to take care of a child. Parent substance abuse or mental health problems such as depression are common in families that are reported for child neglect.

Neglect of any type is particularly serious with small children who rely on a parent's love and care for their healthy development and who are also most likely to die due to neglect. However, chronic neglect also has severe consequences for school-age children, affecting physical, emotional, and cognitive development.

Neglect towards a child can be:

Physical--when a parent fails to provide a child with adequate clothes, food or shelter, but can also refer to inadequate supervision or a failure to keep a child safe;

Educational--when a parent or caregiver does not ensure that a school-age child is getting appropriate schooling;

Emotional--meaning the parent or caregiver does not respond to the child's need for stimulation, encouragement and affection; and

Medical--such as a parent failing to take a child to the doctor or dentist when needed.

The most important concern is always to ensure that a child is safe, cared for and healthy. Call Family Advocacy at 606-8217 for any questions or concerns regarding the welfare of a child. Family Advocacy is the agency that works to ensure families are healthy and able to access support services that allow families to take care of their children's needs.

**Local Resources:**

VAFB Family Advocacy:	805-606-8217
Child Welfare Services:	800-683-2724
	805-683-2724 after hours
Child Development Ctr:	805-606-1555
Youth Center:	805-606-2152

# SPECIAL ACTIVITES

## BOOK CLUB

POC: Shannon  
at [bookclub@vandenberspousesclub.org](mailto:bookclub@vandenberspousesclub.org)



BUNKO CLUB Bunko meets on the second Tuesday of the month. POC: Courtney at [bunko@vandenbergsousesclub.org](mailto:bunko@vandenbergsousesclub.org)



GOLF CLUB Our Golf club is a great way to have fun and enjoy the beautiful outdoors. POC: Celi at [golf@vandenbergsousesclub.org](mailto:golf@vandenbergsousesclub.org)



MAH JONGG Mah Jongg meets every Thursday at the Pacific Coast Club at 9am. You are welcome whether you have never played or are an old (experienced) pro! POC: Laurie at [mahjongg@vandenbergsouseclub.org](mailto:mahjongg@vandenbergsouseclub.org)



MOMS, POPS & TOTS Moms, Pops and Tots meets at Chapel 2 every Tuesday at 9:30am. POC: Laura at [mpt@vandenbergsousesclub.org](mailto:mpt@vandenbergsousesclub.org)



# SPECIAL ACTIVITIES

## OUTDOOR ENTHUSIASTS

Like to do things outside and want to meet others who? POC: Brendan at [outdoorenthusiast@vandenbergpousesclub.org](mailto:outdoorenthusiast@vandenbergpousesclub.org)



RECIPE CLUB Recipe Club meets on the first Wednesday of the month. Bring your favorite recipe and learn what others like to make! POC: John or Julie at [recipe@vandenbergpousesclub.org](mailto:recipe@vandenbergpousesclub.org)



RUNNING CLUB This is a beautiful area and has perfect running conditions all year round. POC: Leticia at [running@vandenbergpousesclub.org](mailto:running@vandenbergpousesclub.org)



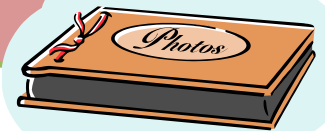
# SPECIAL ACTIVITIES

**SHOPPING CLUB** Come join us for some shopping trips both near and far! POC: Amber at [shopping@vandenbergpspousesclub.org](mailto:shopping@vandenbergpspousesclub.org)



## **SCRAPBOOKING & CARD MAKING CLUB**

Get together and get creative. POC: Gayel at [scrapbooking@vandenbergpspousesclub.org](mailto:scrapbooking@vandenbergpspousesclub.org)



If there's a mini club you don't see here that you want to start, please let Lisa S., Communications Chair know at [communications@vandenbergpspousesclub.org](mailto:communications@vandenbergpspousesclub.org)

## **WINE CLUB**

Wine Club meets on the third Friday of the month at 6:30pm, but because of holidays some months are different. POC: Laurie at [wineclub@vandenbergpspousesclub.org](mailto:wineclub@vandenbergpspousesclub.org)



# VSC Vacancies/Volunteer

**Historian:** take pictures at events, get the best ones to the Communications Chair, make a scrapbook of the year's events.

For information Contact: Constance at [president@vandenbergpousesclub.org](mailto:president@vandenbergpousesclub.org)

**For Newsletter Information:**

contact Celi at [newsletter@vandenbergpousesclub.org](mailto:newsletter@vandenbergpousesclub.org)

# VSC Board 2011-2012

## Advisors

Honorary President Cindy B.  
Honorary Advisor John T  
Honorary Advisor Christine B.  
Honorary Advisor Teddy T.  
Honorary Advisor Ellen F.

## Email Addresses

## Executive Board

President Constance Z.  
1st Vice Denise C.  
2d Vice Amber L.  
Operating Treasurer Dave Y.  
Charitable Treasurer Jennifer M.  
Recording Secretary Crystal U.

president@vandenbergpousesclub.org  
firstvice@vandenbergpousesclub.org  
secondvice@vandenbergpousesclub.org  
treasurer@vandenbergpousesclub.org  
welfare@vandenbergpousesclub.org  
secretary@vandenbergpousesclub.org

# VSC Board 2011-2012

## Board of Governors

Member at Large Dawn K.

Auction Erin E.

Membership Laurie S.

Communications Lisa S.

Publicity Lisa T.

Programs Ashley T.

Parliamentarian Brenda L.

Ways and Means Cassie R.

Scholarships/Charitable Jennifer B.

## Email Addresses

memberatlarge@vandenbergpousesclub.org

auction@vandenbergpousesclub.org

membership@vandenbergpousesclub.org

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publicity@vandenbergpousesclub.org

programs@vandenbergpousesclub.org

parliamentarian@vandenbergpousesclub.org

fundraising@vandenbergpousesclub.org

scholarships@vandenbergpousesclub.org

Check us out at [www.vandenbergpousesclub.org](http://www.vandenbergpousesclub.org) and on Facebook. Mailing address P.O. Box 5514 Vandenberg AFB, CA 93437

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