



“Letters in the Sand”

Vandenberg Spouses’ Club Newsletter

The VSC is a private organization. It is not a part of the DoD or any of its components & it has no governmental status.

Volume 1, Issue 2

Newsletter Date: February 2012

Special points of interest:

- President’s Message
- Calendar of Events
- February Event
- Board Elections
- Scholarships
- Auction Ins & Outs

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President’s Message by Constance Z.

Hello Vandyland Spouses,

The VSC has numerous things in the works for the months to come. Please be on the outlook for our scholarship information which is not just for undergraduates, we have graduate scholarships available too. If you are looking for a way to give back to the Vandenberg Community, please consider applying for a VSC board position for the 2012/2013 year. The VSC NEEDS your TALENTS. Lastly, our lovely Auction Chair, Erin Epps, has been working very hard to make the VSC's 1st Annual Masquerade Gala an extreme success. So please pay extra attention to that article.

As always we have the best spouses in the Air Force and THANK you for all that YOU do.

Sincerely,

*Constance Zatorski
VSC President*

VSC Mission Statement: *The Vandenberg Spouses Club is an All inclusive Charitable and Social Organization; Dedicated to Promoting a Sense of Belonging to, Support for and a Collective Voice of the Vandenberg Air Force Base Community.*

COMING ATTRACTIONS

DATE	EVENT	LOCATION	TIME
Thursday, Feb 23	Health & Wellness	VAFB Gym	6:30 PM
Saturday, Mar 24	Masquerade Gala Auction	PCC	5:00 PM
Thursday, Apr 26	Price is Right	TBD	TBD
Thursday, May 24	Membership Appreciation	TBD	TBD

February Event



Join us for a Health & Wellness Information Night at the VAFB new gym, Thursday, 23 February at 6:30 PM.

The Healthy Pallet will be open for you to purchase a healthy snack or smoothie.

RSVP: No later than Monday, 20 February to www.vandenbergspousesclub.org

We all have New Year's Resolutions...but do we stick with them? The Vandenberg Spouses Club would like to help!

Join us for:

A Health & Wellness Information Night

Where: New Gym

Thursday, February 23, 2012 at: 6:30 p.m.

- *Gym programs information
- *Tips on how to better use the machines
- *Nutritionist with healthy tips
- *Free 5-10 minute massage

The Healthy Pallet will be open for you to purchase a healthy snack or smoothie!

RSVP No Later than: Monday, February 20, 2012 to: www.vandenbergspousesclub.org

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VSC Scholarships



VSC Scholarship Program Returns

The Vandenberg Spouses Club Scholarship program is back! In keeping with tradition, the VSC offers generous scholarship opportunities to undergraduate and graduate military spouses, high school seniors, and undergraduate dependents. Applications are available on the VSC website, www.vandenbergspousesclub.org, as well as at local high schools and in various locations on Vandenberg such as the Education Center, Family and Airmen Readiness Center, and the library. Applications must be submitted by **Friday, March 30, 2012**. For more information contact the Vandenberg Spouses Scholarship Committee at scholarships@vandenbergspousesclub.org. Jennifer Burrell, Scholarship Chair

VSC Board Elections 2012-2013



The Vandenberg Spouses' Club is now accepting Board Applications for the 2012-2013 year! You can give a little or you can give a lot! There is a spot for you! Many committee positions are also available. If you're new to Vandenberg, this is a wonderful

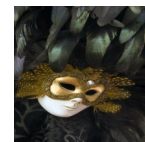
opportunity for you to get involved, meet fellow spouses and make a difference in the Vandenberg community! Applications and position descriptions can be found at www.vandenbergspousesclub.org If you have any questions about board or

committee positions, please don't hesitate to contact the Nominating Committee at: parliamentarian@vandenbergspousesclub.org



Volunteer Services

Masquerade Gala Charity Auction—Ins & Outs, March 24, 2012



Hello Spouses! My name is Erin Epps, and I am the VSC Auction Chairperson. If you haven't heard by now, there is a SUPER AWESOME event happening next month. I want to tell you all about the First Annual Masquerade Gala Charity Auction, being held March 24th at the Pacific Coast Club. I also want to ask for your help to make it an Amazing, Successful event.

First, the VSC hosts an auction every year in order to raise funds for our Scholarship programs and our Charity Fund. The event is our biggest fundraiser of the year, the March VSC Social Event, and it also coincides with the due date for all Scholarship applications (due March 30th). This year's event is titled "First Annual" because we will be keeping the awesome Masquerade Gala theme from here on out. This gives everyone something to look forward to each year. We will have a cocktail hour and a dinner buffet, but you have to place a bid if you want a dessert (more on that later). And, yes, I am asking for folks to wear fancy dress and a mysterious mask. I ordered my mask online and I just received it yesterday. Yay!

The next cool thing about the auction is that EVERYONE is involved. Donations are not only solicited from great local businesses, but places all over California. There might even be a trip to Las Vegas or Hawaii up for bids! Squadrons and on-base organizations are also asked to donate something creative and amazing. The groups that receive the highest bids will get a Trophy, complete with Bragging Rights (good for one year). Squadrons and on-base organizations are also asked to donate something creative and amazing. The groups that receive the highest bids will get a Trophy, complete with Bragging Rights

Everyone is also invited! This is not limited to the VSC, or even the base. If you live off base and have a neighbor that might like to go, let them know that they can! It only takes a few pieces of information given to us before hand in order to get them on base for the event. It is important to have our full community involved and welcomed to this event. They are part of what makes being at Vandenberg such a great experience.

Lastly, this HUGE event needs your help. There are many ways you can volunteer, a little or a lot. One thing that can be started now is by seeing if anyone would like to sponsor or donate to the event. Jewelry, gift cards, trips, wine and beer, a meal, an activity, clothing, a service, a canoe, whatever people are willing to donate will be graciously accepted. Businesses will be proudly advertised several ways if they donate, also. So go ask your dentist/vet/doctor/stylist/cleaner/friend-with-their-own-business. And then see if they would like to attend the auction.

Tickets will be on sale soon, and I will need folks to help sell those at locations all over the base. A signup sheet will be created once I have the dates narrowed down. The goal is to have at least 200 people be there to enjoy the night. There will also be a HUGE need for folks to set up and take down decorations at the PCC the day/night of the event. Also, if you are crafty, we will need some help in making our Silent Auction (headed by Amber Laughton) items look great. Some donations will be bundled together, some can stand on their own, but they all need to look their best for the biggest bids. A few Silent Auction items will be on display the week before and we could use a hand in setting up those tables. The PCC will look amazing and you can help make that happen!

Masquerade Gala Charity Auction—Ins & Outs cont...

Another feature of the event is the Dessert Auction. Sandra Metzdorf (our Dessert Auction leader) will be asking all you amazing spouses to offer your confections for the event. The desserts will be auctioned off and enjoyed that night at the event. There are a set number of recipes needed, so only the most creative and enticing ones will be picked. And if you don't dig the cooking scene, you can donate a half gallon of milk for folks to wash down their sugary treats. If you don't

like baking or milk, you could always lend your talents as one of our display models, better known as a "Vanna". You can help sell the Live and Dessert auction items with a smile .

I hope I have covered everything there is to the Auction, and I am so excited about it. I hope to see you all at some point, either as a volunteer or disguised behind a mask at the Gala.

If you have any more questions or would like more information, please try to attend the next Auction Meeting, set for February 16, at 6 pm. We will meet at the VAFB Thrift Store. If you cannot attend, you can send any questions to me at auc-tion@vandenbergspousesclub.org. Information will also be posted the VSC website and Facebook page.

Thank You, Spouses!
Erin Epps, VSC Auction Chair

Next Auction Meeting, Feb. 16 @ 6:00 PM, VAFB Thrift Shop

First Annual Masquerade Gala Charity Auction, March 24, 2012



**First Annual
Masquerade Gala
Charity Auction**
*hosted by the
Vandenberg Spouses'
Club*

March 24, 2012 at the Pacific Coast Club
Cocktail Hour begins at 5 pm with the Auction starting at 6 pm
Tickets: \$20 presale or \$25 at the door

Come join us for a night of fun as we host a Masquerade Gala to benefit our scholarship and charity fund. Bring a mask and enjoy dinner while the bids fly during our Live and Dessert Auctions, or secretly bid on something you crave during the Silent Auctions. Please visit our website for more information www.vandenbergspousesclub.org

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February Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Mah Jongg 9 am	3	4
5	6	7 Board Mtg 7pm	8	9 Mah Jongg 9 am	10	11
12	13	14 Happy Valentines Day !!	15	16 Mah Jongg 9 am Auction Mtg 6pm @ Thrift Shop	17	18
19	20	21	22	23 Mah Jongg 9 am VSC event 6:30	24	25 Shopping Club 9 am
26	27	28	29	Mah Jongg 9 am		



VSC Special Activities—Mini Clubs

- **BOOK CLUB** POC: Shannon at bookclub@vandenbergpousesclub.org
- **BUNKO CLUB** Bunko meets on the second Tuesday of the month. POC: Courtney at bun-ko@vandenbergpousesclub.org
- **GOLF CLUB** Our Golf club is a great way to have fun and enjoy the beautiful outdoors. POC: Celi at golf@vandenbergpousesclub.org
- **MAH JONGG** Mah Jongg meets every Thursday at the Pacific Coast Club at 9am. You are welcome whether you have never played or are an old (experienced) pro! POC: Laurie at mah-jongg@vandenbergpouseclub.org
- **MOMS, POPS & TOTS** Moms, Pops and Tots meets at Chapel 2 every Tuesday at 9:30am. POC: Laura at mpt@vandenbergpousesclub.org
- **OUTDOOR ENTHUSIASTS**
- Like to do things outside and want to meet others who? POC: Brendan at outdoorenthusiast@vandenbergpousesclub.org
- **RECIPE CLUB** Recipe Club meets on the first Wednesday of the month. Bring your favorite recipe and learn what others like to make! POC: John or Julie at recipe@vandenbergpousesclub.org



- **RUNNING CLUB** This is a beautiful area and has perfect running conditions all year round. POC: Leticia at running@vandenbergpousesclub.org
- **SHOPPING CLUB** Come join us for some shopping trips both near and far! POC: Amber at shopping@vandenbergpousesclub.org
- **SCRAPBOOKING & CARD MAKING CLUB**
- Get together and get creative. POC: Gayle at scrapbooking@vandenbergpousesclub.org
- **WINE CLUB** Wine Club meets on the third Friday of the month at 6:30pm, but because of holidays some months are different. POC: Laurie at wine-club@vandenbergpousesclub.org

**If there's a mini club you don't see here that you want to start, please let Lisa S., Communications Chair know at: Communications@vandenbergpousesclub.org

MINI-CLUB FEB EVENTS

Shopping Club: Saturday, 25 February—Port Hueneme, Exchange in Ventura & IKEA in Burbank. Meet 9am in Albertson's parking lot in Buellton, just off the 101. Please bring cash to contribute towards gas. For more information contact Amber at shopping@vandenbergpousesclub.org

Airmen & Family Readiness Center Jan/Feb 2012

	Military Saves Week 19-26 of Feb: A&FRC will be offering various finance classes, such as financial basics, Home-buying & foreclosure prevention, investment planning and Identity Theft prevention. Dates TBD. Call 606-0039 for more details	
During Military Saves Week	Are You Ready to Invest? Investment Basics	1330 - 1600
30 Jan 27 Feb	Big Brothers & Big Sisters Volunteer Orientation	Noon - 1300
26 Jan	Bundles for Babies: Any parent expecting a baby will receive a free layette as well as a wealth of information to prepare for baby. Briefings on financial preparation, stress management, car seat safety, nutrition, and other resources/services	0830 - 1100
10 Jan 14 Feb	Family Law Assistance Day- call 606-0039 for one on one assistance regarding any family law related questions	Call for 30 min appt
10 Jan During Military Saves Week	Financial Basics - Budgeting & development of a Spending Plan-	1100 - 1200 (Lunch & Learn)
During Military Saves Week	Home Buying/Foreclosure Prevention Workshop	
During Military Saves Week	Identity Theft and Scams Prevention	1100-1200
18 Jan 15 Feb	Manage Your Move: Briefings TMO, Finance, Legal Claims, Housing, Relocation Assistance programs. Military and spouses welcome to attend.	0830 - 1130
Every Friday, except holidays & family days	Pre-Separation Briefing (required before attending the 3 ½ day TAP Workshop), spouses welcome to attend	1300-1600
Every Tuesday	Personal and Family Readiness Briefing (Pre-deployment)	1300-1400
25 Jan 22 Feb	Resume Writing / Interviewing Class	0900 - 1200
4 Week class meets on Mondays 1430- 1630, beginning 23 Jan	Stress Management- Learn about the various means to help to develop resiliency during stressful times-relaxation training, mental management, conflict management and emotional intelligence.	1430 - 1630
10-13 Jan 7-10 Feb	TAP Seminar (DoL Employment Assistance-preparing for a career change, medical record review by DAV & VA Benefits)	0800 - 1600
During Military Saves Week	Thrift Savings Plan (TSP) - Understanding it!	1100 - 1200 Lunch & learn
13 Jan 10 Feb	Veterans Affairs Benefits Assistance: Any veteran or active duty member that has questions regarding the VA Benefits programs such as Disabilities Claims, GI Bills, VA Home Loan, VA Health Care can stop by to speak to the VA Regional Benefits Counselor	0800-1100



VSC

Vandenberg Spouses Club
PO Box 5514
Vandenberg AFB, CA
93437

Check us out on the web
www.vandenbergspousesclub.org
& Facebook

VSC Board Members 2011-2012

Advisors

Honorary President **OPEN**
Honorary Advisor John T
Honorary Advisor Christine B.
Honorary Advisor Teddy T.
Honorary Advisor Ellen F.

Email Addresses

Executive Board

President Constance Z.
1st Vice Denise C.
2d Vice Amber L.
Operating Treasurer Dave Y.
Charitable Treasurer Jennifer M.
Recording Secretary Crystal U.

president@vandenbergspousesclub.org
firstvice@vandenbergspousesclub.org
secondvice@vandenbergspousesclub.org
treasurer@vandenbergspousesclub.org
welfare@vandenbergspousesclub.org
secretary@vandenbergspousesclub.org

Board of Governors

Member at Large **OPEN**
Auction Erin E.
Membership **OPEN**
Communications Lisa S.
Publicity Lisa T.
Programs Ashley T.
Parliamentarian Brenda L.
Ways and Means Cassie R.
Scholarships/Charitable Jennifer B.
Scholarships/Charitable Jennifer B.

Email Addresses

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publicity@vandenbergspousesclub.org
programs@vandenbergspousesclub.org
parliamentarian@vandenbergspousesclub.org
fundraising@vandenbergspousesclub.org
scholarships@vandenbergspousesclub.org
scholarships@vandenbergspousesclub.org

For Newsletter Information:

contact Celi at newsletter@vandenbergspousesclub.org

VSC Vacancies / Volunteers

Historian: take pictures at events, get the best ones to the Communications Chair, make scrapbook of the year's events.

Membership: Attends all Board of Governor meetings to report on committee activities. Insures VSC brochure and membership forms are updated. Give VSC membership briefing to new base personnel and spouses at monthly Newcomers and Heartlink.

Member at Large: Attend various Base and Community meetings representing the Vandenberg Spouses Club that may include: Vandenberg Community Connection Council, Integrated Delivery Systems meetings, People Helping People meetings, Club Advisory Council and other meetings as directed by the President.

For information Contact: Constance at president@vandenbergspousesclub.org

The work an unknown good man has done is like a vein of water flowing hidden underground, secretly making the ground green. ~Thomas Carlyle